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CANADIAN ACTOR KYLE SCHMID STARS IN A NEW DETECTIVE DRAMA SET IN 1860S NEW YORK CITY PAGE 16

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NICE WORK, BOYS

London natives and Los Angeles Kings players Drew Doughty, left, and Jeff Carter hoist the Stanley Cup during a fan celebration on Thursday at the John Labatt Centre. The cup was on display for about an hour, drawing more than 1,500 people into the main arena. Story, page 2. ANGELA MULLINS/METRO

Poleaxed

Denied permission to fly their banner at city hall, Christians will rally round the flag in their own way this weekend PAGE 4

Judgment day

A Norwegian court will rule today on the sanity of mass killer Anders Behring Breivik PAGE 6

Fun ride

Bike-courier thriller Premium Rush is like 'a BMX race with a plotline,' Metro's Reel Guys say PAGE 11

Tigers pounce on Jays

There was little left of the Blue Jays but feathers as the Tigers leaped to a 3-2 victory on Friday PAGE 24

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NEWS 1

Stanley returns to London

A decade later. London natives Carter, Doughty give hometown crowd a chance to drink in cup excitement

ANGELA MULLINS
angela.mullins@metronews.ca

Having Jeff Carter carry the Stanley Cup within a few feet of his reach may very well have been the highlight of Wayne Cochrane's life.

The 34-year-old Londoner booked Thursday off work and arrived at the John Labatt Centre early, waiting two hours for Carter and his teammate Drew Doughty to arrive.

"This is kind of one of my dreams come true," Cochrane said, peeking over the crowd in hopes of getting a picture with Carter.

That was the case for many of the more than 1,500 people who packed the JLC on Thursday, all eager to catch a glimpse of the London-born NHL champions and the coveted cup.

Many had been planning to attend for months and bought Kings jerseys especially for the event.

Cheers rang out as Carter and Doughty paraded into the JLC's main arena — the London Fire Fighters Pipe Band leading the way. People packed tightly against crowd-control barriers as the players positioned the cup on centre ice and posed for photos.

On the web

- For more pictures from Thursday's Stanley Cup festivities, go to metronews.ca.

Shouts and — in some cases — squeals erupted as Carter and Doughty lifted Lord Stanley above their heads.

The cup was last brought to London by native Jason Williams, a member of the Detroit Red Wings' 2001-02 championship team.

If Doughty's plans come through, local fans may not have to wait another decade for an appearance.

"We're gonna do whatever we can to win next year. That's our goal," he said Thursday. "It's going to be tough, but I think we've got the team to do it."

Follow Angela Mullins on Twitter @MetroAngela

Fans welcome hockey's top prize with reception fit for a King

The Stanley Cup sits at centre ice in the John Labatt Centre on Thursday during a fan celebration featuring Los Angeles Kings players Jeff Carter and Drew Doughty, both London natives. While fans were allowed to come within several feet of the Stanley Cup, they weren't allowed to touch it or have their pictures taken next to it during the event. Chris Campbell, the JLC's director of marketing, said the decision was made because of a tight schedule. The fan celebration was limited to exactly one hour because of plans Carter and Doughty had later in the day.

ANGELA MULLINS/METRO

Los Angeles Kings players Jeff Carter, left, and Drew Doughty are paraded through downtown London with the Stanley Cup during a Thursday fan celebration. The hulking police vehicle pictured above carried Carter and Doughty from an event at city hall to a cup-viewing party at the John Labatt Centre. ANGELA MULLINS/METRO

'We raise great champions'

Homecoming welcome

City officials literally rolled out the red carpet for NHL champions Jeff Carter and Drew Doughty during their Thursday hometown visit.

Carter and Doughty were greeted by a full house as they carried the Stanley Cup into city hall's council chambers for a short ceremony.

"We do good in this city and we raise great champions," Mayor Joe Fontana said, calling the cup a "great iconic symbol of Canada."

"I want to thank you very much because you honour us with your own accomplishments, you honour us with the respect that you bring to us," Fontana said.

From left, Los Angeles Kings players Jeff Carter, Drew Doughty and Mayor Joe Fontana participate in a Stanley Cup celebration Thursday in council chambers at city hall. The London natives were honoured at city hall before parading with the cup to a fan event at the John Labatt Centre. ANGELA MULLINS/METRO

ANGELA MULLINS/METRO

Mobile news

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Middlesex. Alert citizen leads OPP to fugitive

Middlesex Ontario Provincial Police are crediting an alert citizen with helping them arrest a fugitive.

Middlesex County OPP say officers attempted to pull a vehicle over shortly before 1 p.m. on Wednesday on Dundas Street in Thames Centre, but the driver refused to stop, and sped off.

Following a brief pursuit, police located the vehicle in Thorndale but it had been abandoned. OPP officers, the K-9 unit and an OPP helicopter all searched the area for the missing driver but failed to locate her, so the search was called off.

Around 7 p.m., a citizen contacted police after seeing a person matching the suspect's description at a pay phone in Thorndale. AM908/AM980.CA

Charges

- Katelin Smith, 24, of London, is charged with dangerous driving, flight from police, possession of property obtained by crime, and two counts of breaching probation.

Day camp accident

Londoner charged after boy hit by boat

A 19-year-old Londoner has been charged with careless operation of a vessel days after a Belleville boy was hit and injured by a boat on a lake close to North Beach Provincial Park. Reportedly, the boy, 12, was swimming to shore after tubing at a day camp when a boat pulling another camper ran over him. AM980/AM980.CA

Fontana for reform

Mayors call for arbitration reform

Mayors across the province, including Joe Fontana, have renewed their push for arbitration reform Wednesday. They say the current system drives up costs for police and fire. At the Association of Municipalities of Ontario conference in Ottawa, the mayors called on Tory Leader Tim Hudak and NDP Leader Andrea Horwath to drive change. AM980/AM980.CA

Christian flag to enter no-fly zone

G.J. Rancourt, organizer of PrayerFest and the March for Jesus, displays a Christian flag Thursday outside city hall. Rancourt's request to raise the flag on the pole pictured above has been denied by the city. ANGELA MULLINS/METRO

City hall. Clerk says PrayerFest flag doesn't comply with policy on use of city pole

ANGELA MULLINS
angela.mullins@metronews.ca

Make no mistake about it: The Christian flag will be raised outside city hall Friday during an opening ceremony for Saturday's PrayerFest and the March for Jesus.

It just won't be flapping on a city flag pole. Instead, G.J. Rancourt, founder of PrayerFest, said it will be held high by Christians gathered for the event.

City clerk Cathy Saunders informed Rancourt on Thursday that his request to use the city flagpole adjacent to Reginald Cooper Square had been denied. A policy governing which flags can be raised outside city hall requires that they represent "charitable" or "non-profit" organizations in the city. Since the Christian flag doesn't represent a specific group, it can't fly, Saunders said.

The decision comes days after the clerk's office learned that Rancourt, who's organizing the Saturday events, told a Toronto TV station that a "one-way ticket home" might be a good idea for those Muslims who want to practise Shariah law in Canada.

While some have said the statement was anti-Muslim, Rancourt has refuted the claim, saying he has a lot of respect for some Muslims, just not those who adhere to Shariah law, a strict interpretation of Muslim religious law.

Saunders acknowledged the statement was a factor in her office's review of the flag request. But, she said Thursday, Rancourt had never been granted full permission to raise the flag in the first place.

Rancourt made his request Aug. 13 and didn't indicate which flag he wanted on the pole. Saunders' initial OK was subject to her seeing the flag, she said Thursday. When Rancourt made it available Tuesday, Saunders said she realized it wasn't in line with city policy.

Rancourt said he's jumped over many hurdles in recent days to have churches adopt the Christian flag as the official flag of PrayerFest in hopes of gaining compliance.

"We fully expected this," he said Thursday. "Christians make very few requests, but when we do we're almost guaranteed to be turned down."

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Proposed bill. Unions vow to fight Ontario's teachers legislation

Some of Ontario's most powerful unions will fight the province in court if proposed legislation imposing new contracts on teachers becomes law, they said Thursday.

The presidents of the Elementary Teachers' Federation of Ontario, the Ontario Secondary School Teachers' Federation and CUPE Ontario held a joint press conference to decry the bill, saying it strips away collective bargaining rights.

"The proposed bill is beyond disturbing," said Fred Hahn, president of CUPE Ontario, which represents workers such as custodians, secretaries and library technicians.

"It is a very affront to our democratic traditions."

Sam Hammond, president of the Elementary Teachers' Federation of Ontario, said the draft bill is unnecessary and erodes the rights of all public sector workers.

"We've reviewed the proposed legislation and I have to say that we are deeply troubled by its content, not just because of its impact on our members, which is devastating, but also because of what it says about living in a democratic country," he said.

Quoted

"This school year will begin as school years always have, with the schools fully staffed and teachers working with students."

Sam Hammond, president of the Elementary Teachers' Federation of Ontario

The unions said they will challenge the bill, which will be introduced next week, in court and vowed to take their fight all the way to the Supreme Court of Canada, if necessary.

The presidents accused the minority Liberals of manufacturing a crisis to win two upcoming byelections that would give them a chance at a majority. The government can't justify the bill by saying it will save the school year from the threat of strikes, Hammond said.

"The school year does not need saving," he said.

THE CANADIAN PRESS

Marin to get reacquainted with council

Ontario Ombudsman Andre Marin will appear before city council's strategic priorities and policy committee Monday at 4 p.m. In the past six months, Marin has investigated London council twice for closed meetings. Although council was cleared in both investigations, they sparked debate about the Ombudsman's role. Metro London Urban Voices columnist Brian Gibson interviewed Marin before he comes to town. You can read his column at metronews.ca. COLIN MCCONNELL/TORSTAR NEWS SERVICE FILE

K9 vaccination

Police seek info on dog bite

London police are looking to speak with the owner of a dog to determine a vaccination record after a man was bitten.

On Tuesday at about 7:10 p.m., police responded to a report of a 27-year-old man being bitten by a dog around Hamilton Road and Little Grey Street. He was treated and released for a minor injury.

The dog was described as a large breed, possibly part pit bull. It was a dark caramel colour with brindle pattern. METRO

Free event

Argyle Art in the Park on Saturday

To celebrate the works of local talented artists, the Argyle Business Improvement Association and community partners are hosting the first Argyle Art in the Park at Kiwanis Park (Hale Street entrance, near the splash pad) on Saturday from 11 a.m. to 6 p.m., followed by Movie in the Park at 8 p.m. METRO

Breivik will accept prison term but not insanity ruling

Norway massacre. After deliberating for two months, a five-judge panel in Oslo's district court is issuing its ruling Friday

Anders Behring Breivik's defence lawyers say the confessed mass killer won't appeal if he's sentenced to prison but he will challenge any ruling that declares him insane.

Breivik's mental state will be the focus when the Oslo district court presents its judgment against Breivik on Friday for the bomb and gun attacks that killed 77 people in July last year.

After speaking to Breivik on Thursday, defence lawyer Geir Lippestad said his client would accept a prison sentence and would only appeal if committed to psychiatric care.

Breivik, who claims he is a "militant nationalist," said during the trial that being sent to an insane asylum would be the worst thing that could happen to him and accused Norwegian authorities of trying to cast him as sick to deflate his political views.

Breivik, a 33-year-old Norwegian on a mission to expel Muslims from Europe, set off a car bomb that killed eight people outside government headquarters in Oslo and he then killed 69 others in a shooting rampage on Utoya island, where young members of the governing Labor Party had gathered for their annual summer camp.

If declared insane, Breivik will be committed to involuntary psychiatric care, indefinitely.

If found mentally fit, Breivik will most likely be sentenced to "preventive detention." Unlike a regular prison sentence — which can be no longer than 21 years in Norway — that confinement option can be extended for as long as an inmate is considered dangerous to society. It also offers more programs and therapy than an ordinary prison sentence.

Norway, like nearly all of Europe, doesn't have the death penalty.

THE ASSOCIATED PRESS

Norwegian killer Anders Behring Breivik gestures as he arrives at a courtroom in Oslo in this April file photo.
HAKON MOSVOLD LARSEN/SCANPIX NORWAY, POOL/THE ASSOCIATED PRESS

New project launched to find ill-fated ships

The search for the lost ships of the ill-fated Franklin expedition continues.

A new research project was announced Thursday by the prime minister in Nunavut, where the ships are believed to have sunk.

"Why do we search for the Franklin? The wreckage of the Franklin expedition is a national historic site designated some time ago — it is the only undiscovered national historic site, we feel an obligation to discover it," Stephen Harper said.

Sir John Franklin set out from England in 1845 to find the Northwest Passage with two ships, the HMS Erebus and HMS Terror.

But they ended up trapped in ice and Franklin, along with other crew members, died in 1847. The next year, the surviving crew set out on foot but were never seen alive again.

All this is known thanks to a message left in a cairn on King William Island, and while the message suggested where the two ships might have been when they were abandoned, previous attempts to find the wrecks have been unsuccessful.

In 2010, a search team did find the remains of the HMS Investigator, sent in 1850 to find Franklin.

Details

- The federal government is contributing $275,000 to the new expedition, with other costs being picked up by private partners.
- It's expected to last between four to six weeks.

The unknown final resting place of the ships was declared a national historic site in 1992, though the ships will remain the property of the United Kingdom.

The search areas will include both the O'Reilly Island area, west of the Adelaide Peninsula and further north to Victoria Strait and Alexandra Strait.

Harper met with the crew of the new research expedition in Cambridge Bay on Wednesday.

"I told the crew of the boat yesterday, I'm sure someday they are going to come around the bend and there's going to be the ship and there's going to be the body of Franklin right on the wheel," Harper joked.

THE CANADIAN PRESS

Order of Canada. Black capable of defending his membership in writing, federal lawyers say

Conrad Black has a way with words, government lawyers say, and the Order of Canada advisory council is well aware of that — he gave them a copy of his latest book.

Federal lawyers are set to argue in court Friday that Black should have no trouble making written arguments to the council deciding the status of his Order of Canada membership, documents show.

Black, 67, is asking Federal Court to force the advisory council to allow him an oral hearing as it decides whether to recommend the Governor General revoke Black's prestigious membership, bestowed upon him in 1990.

His lawyers are arguing that his case is too complex to be handled in writing — the only medium Order of Canada rules allow. The former media magnate went to Federal Court after his request to make arguments in person was denied.

But documents filed in advance of Friday's hearing show federal lawyers are relying on Black's own prowess with prose to argue that he doesn't need oral arguments to make his voice heard.

The council can recommend members of the order be stripped of their status, but the final decision rests with the Governor General.

THE CANADIAN PRESS

Conrad Black at the Empire Club in Toronto in June. CHRIS YOUNG/THE CANADIAN PRESS

Infestation

Alberta town escalates battle against rats

Officials in Medicine Hat, Alta., think it could take two years to clear the city of rats.

The municipality has announced it's stepping up its war on the rodents with a new strategy called "Operation Haystack."

Ed Jollymore, the city's waste manager, says baited hay bales will be scattered around Medicine Hat to attract and kill the vermin with a poison that won't harm people or pets.

Prior to the infestation, Alberta had been largely rat-free for 50 years.

THE CANADIAN PRESS

Disease

Resurgence seen in syphilis cases

Cases of syphilis across Canada have risen dramatically over the last two decades, spiking to more than 1,750 cases in 2010 from 177 in 1993, the most recent statistics show.

"People age 30 and older accounted for 73 per cent of all the reported cases in 2010," said Dr. Howard Njoo of the Public Health Agency of Canada. "The other interesting thing is the vast majority of cases are among men."

THE CANADIAN PRESS

Arctic

Officials fretted over war game

The administrative wing of Prime Minister Stephen Harper's office worried about the optics of hundreds of Canadian troops taking part in a major NATO-sponsored Arctic war game in northern Norway earlier this year.

Conservatives have made rebuilding the military, more international involvement and a more muscular presence in the North key policy touchstones.

But senior federal officials told the army last fall they weren't sure the country should participate in Exercise Cold Response.

It took the intervention of the assistant deputy minister of policy at National Defence to smooth the way for the army's participation, reassuring senior government officials that were "no policy obstacles" that contradicted Government of Canada policy.

THE CANADIAN PRESS

Market Minute

DOLLAR
100.64¢ US
(-0.23¢)

TSX
12,062.51 (-56.48)

OIL
$96.27 US (-99¢)

GOLD
$1,674.10 US (+32.30)

Natural gas: $2.80 US (-2.4¢)
Dow Jones: 13,057.46 (-115.3)

Research in Motion

Carriers get look at new BlackBerry

Some wireless carriers finally got a glimpse of the new BlackBerry smartphones this week, as part of Research In Motion's global effort to drum up enthusiasm for the devices. RIM executives met with carriers in Canada, Mexico and the U.S. to unveil early versions of the new BlackBerrys.
THE CANADIAN PRESS

Windows 8 coming

Microsoft unveils revamped logo

Microsoft's corporate logo has a new look, setting the stage for a wave of products designed to cast the world's largest software maker in a new light. The makeover unveiled Thursday marks the first time that Microsoft has revamped its logo since February 1987.
THE ASSOCIATED PRESS

Microsoft's new logo
THE ASSOCIATED PRESS

No sales boost

British retailers Olympic losers

A new survey suggests that British retailers were among the losers during the Olympics. The Confederation of British Industry's survey showed that 31 per cent of the sample reported worse sales compared to last year. That was a shock to analysts, who had expected business to go up during the Games.
THE ASSOCIATED PRESS

Facebook launches new mobile app

Version 2.0. No integration of Instagram yet, but latest update for smartphones and tablets focuses on being speedier

A screenshot from Facebook shows its new mobile app, which launched Thursday. THE ASSOCIATED PRESS

On Thursday, Facebook addressed users who had gripes with its app for iPhones and iPads with the launch of a faster version. Rather than add a slew of new features, the company said it rebuilt the application from scratch to make it speedier and less clunky.

In a recent demonstration at the company's headquarters, the new iPhone app opened about twice as fast as the older version. Photos and comments also load faster. Users can now "like" comments on photos, which wasn't possible with the previous mobile app.

Mick Johnson, mobile product manager at Facebook, said programmers removed some lesser-used features, such as a way to view the app horizontally, to help speed it up.

The mobile arena presents Facebook with its biggest challenge — and its biggest opportunity. That's where its user base is growing the most.

The iPad version of the new app now features Timeline, the latest version of the profile page that Facebook is rolling out to all of its users.

The app is available for free from Apple's App Store.
THE ASSOCIATED PRESS

All points North for Google Street View

Prime Minister Stephen Harper and his wife Laureen talk with Google Street View team member Mike Pegg in Cambridge Bay, Nunavut, on Thursday. As Harper's northern tour touched down in Nunavut, a team from the search-engine giant was already on the ground. They're working with residents of Cambridge Bay to add elements of their community to Google maps while also fixing past mistakes. (ADRIAN WYLD/THE CANADIAN PRESS

Housing. Parents helping kids buy homes: Economist

A downturn in the housing market may not be as bad as feared because the important 25-34 age group will continue to buy houses — some with help from their well-off parents, says a senior economist at CIBC World Markets.

While young people may have to postpone buying a house for a few years due to their student debt level, their parents can help them out, Benjamin Tal, deputy chief economist at CIBC World Markets, said Thursday.
THE CANADIAN PRESS

Credit. Canadians' debt load rising: TransUnion

The latest report of Canadian debt trends by TransUnion found the average consumer's non-mortgage debt load rose to $26,221 in the second quarter.

That's up 0.74 per cent from the first quarter of 2012 and up 2.41 per cent from a year earlier.

The credit reporting firm said that's the highest average debt per person it has seen since it began tracking the variable in 2004.
THE CANADIAN PRESS

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ONE QUESTION: ARE WE MAKING STRIP BILLIARDS AN OLYMPIC SPORT?

THE LIST
Paul Sullivan
Metro

It's time for the Metro List, our weekly guide to what's making waves around the water cooler.

1 **Dirty Harry.** Harry keeps the flame burning with a new sport that for some reason, wasn't included in the London Games: Strip billiards. There's the good Prince William and then there's the bad Prince Harry. Hands up, who do you prefer?

2 **Dirty bedside read.** In other naughty U.K. news, a hotel in the Lake District replaced the Good Book with the Very Bad Book — 50 Shades of Grey — in its bedside tables. The hotel manager was denounced from local pulpits, but refused to back down. "The Gideon Bible is full of references to sex and violence, although it's written using more formal language, so James' book is easier to read," he said. That's E.L. James, not King James.

3 **Chavril? AvChad?** Chad Kroeger of Nickelback is engaged to Avril Lavigne of Sk8er Boi. Stands with the other great romances of the recent era: Michael Jackson and Lisa Marie Presley; Nicholas Cage and Lisa Marie Presley. We can only assume Chad has yet to meet Lisa Marie Presley.

4 **Pussy Riot.** OK, this is a family newspaper. Of course these brazen young women should get two years hard time for singing a song in church while wearing funny outfits. Their very name is an assault on the ears of innocents like Vladimir Putin.

5 **Speaking of assault.** Some advice to Missouri Senate candidate Todd Akin: Dr. Oz is the only guy on Earth who gets to talk about the female reproductive system on TV, and that's only because he's been blessed by Oprah. And never, ever use the words "legitimate" and "rape" in the same time zone, never mind next to each other in the same sentence.

6 **National park.** Let's change the subject. We have a new national park, our 44th. Up north somewhere, it's called Nááts'ihch'oh National Park Reserve, causing the editors at Canadian Press Caps and Spelling to apply for stress leave. Environmentalists are complaining that it's too small, only 4,840 square kilometres, which is about three times the size of Yoho but two-thirds the size of Banff. Just go to Yellowknife, then turn left, go another 680 kilometres and you're there. Lots of grizzly bears, but no golf course. Yet.

7 **Speaking of up north somewhere.** The Google Street View tricycle is tooling around Cambridge Bay, population 1,477, way up there in Nunavut, a mere 1,770 kilometres from the North Pole as the Snowy Owl flies. Google is now officially everywhere.

8 **The cult of Jack Layton.** It's been a year since the untimely death of the former NDP leader, but his legend grows, as vigils across the land mourn his loss and celebrate the memory of the man who failed to get elected prime minister four times in a row. Eat your heart out, Stephen Harper.

Follow The Metro List on Twitter @TheMetroList

Prince Harry is seen — clothed — in this photo taken at the 2012 Summer Olympics, prior to his debauchery in Las Vegas.
MARKUS SCHREIBER/THE ASSOCIATED PRESS

Come on baby, light my kitchen

JANNE PARVIAINEN/REX FEATURES

Light topography

Cooking up a lightstorm

This stunning image captures a kitchen like no other, illuminated using a novel technique known as light topography.

To achieve the science-fiction effect, Finnish artist Janne Parvianen traces surfaces with LED lights and exposes the shots for 30 minutes. There is no Photoshop or image editing.

METRO

Meet the artist

"Art is the key to your emotions."

Janne Parvianen, artist and teacher

Despite the futuristic visuals, this old-fashioned message is how Parvianen describes his philosophy.

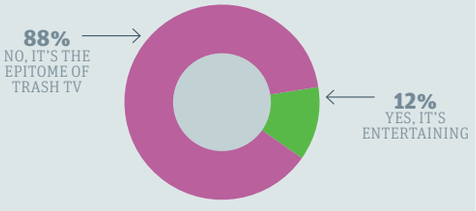
Q & A with Parvianen

- **What is most difficult about this technique?** It is quite challenging to draw into three dimensional space, so it takes a lot of planning and training. It is usually through trial and error that I find the right positions and the figures for the final photo.
- **What emotions do the images inspire?** I'm trying to put as much soul in my photos as possible. My main interest has always been human emotions and trying to express them through art. I really like to use strong visual elements in my photos such as skeletons and people laying on the ground to create images that make you wonder what is really happening in them. A skeleton can be happy or sad, it doesn't always have to be seen as a grim image.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Are you tuning in to Toddlers and Tiaras' spin-off TV show Honey Boo Boo?



Twitter

@snazzypotato: Hey #LdnOnt. I'm giving away the 6(ish) ft Alberta Spruce tree from my front yard to the first person willing to dig it up and take it.

@mcclemonts: Looking for a great cabinent maker who can redo center island drawer & panel. Recomendations welcome. #ldnont

@EyeLookMedia: Here comes The Cup! Here comes the Cup! - thanks Jeff and Drew for bringing the #StanleyCup to #ldnont

@emillysantoss: 6 days until the move-in date.. #fanshawe #collegegirl #ahhhhhh

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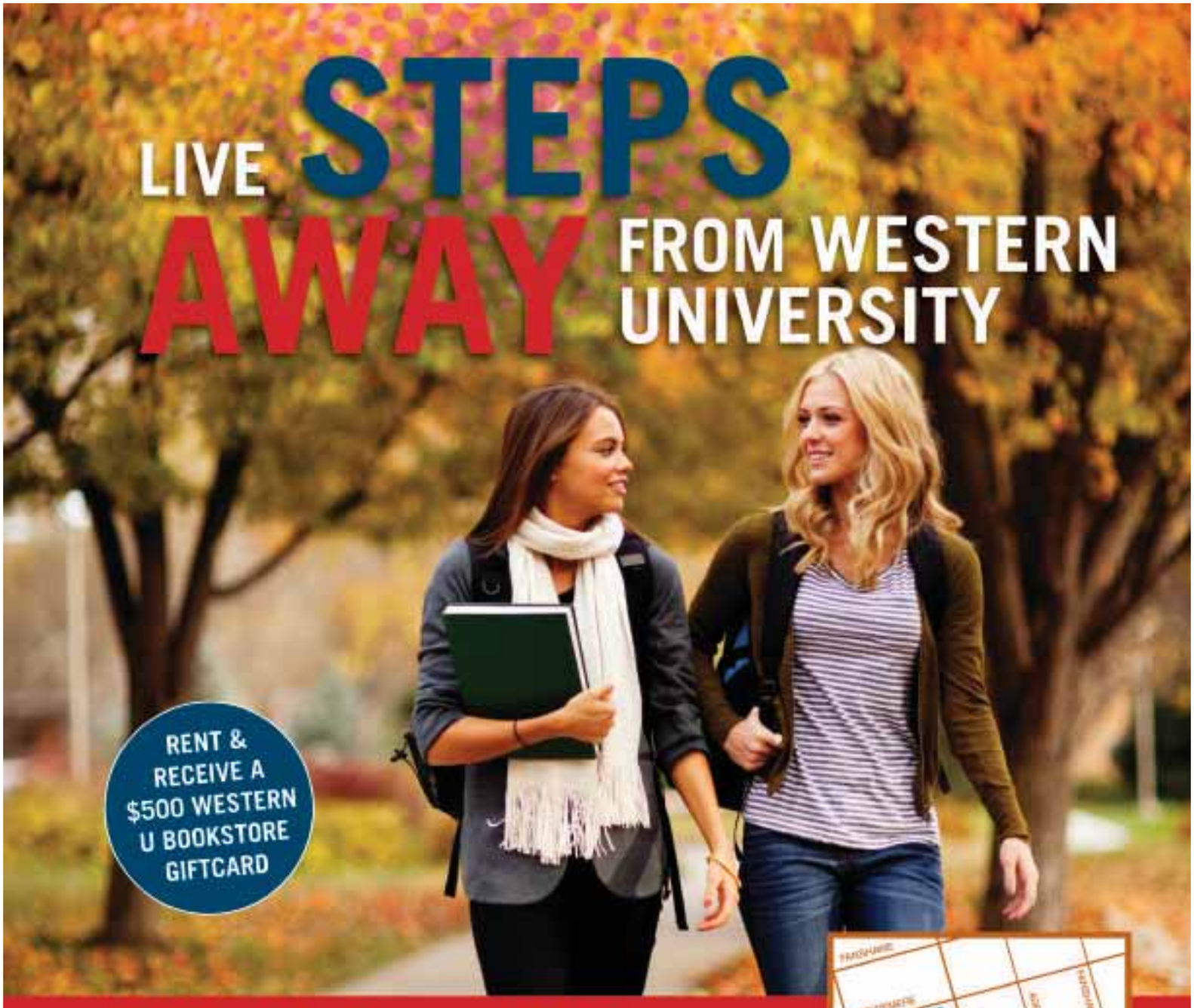

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Joseph Gordon-Levitt is the most extreme bike courier in Manhattan in Premium Rush. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Rush is the only thing premium in this film

Fun ride. Joseph Gordon-Levitt-led thriller is full of style and action, but lacks any kind of substance

Richard: Mark, Premium Rush is like a BMX race with a plotline. Bikes dart in and out of traffic, defy the laws of gravity and spin on one wheel, which is all cool, except that it overshadows the characters. Only Michael Shannon as the out-of-control cop is memorable enough to rise above the bike stunts and skinned elbows.

Mark: In the interests of full disclosure Richard, I cannot ride a bike. In fact, they scare me. So I was unusually riveted by the action sequences in this film. Which definitely eclipsed the characters! I don't know how I felt about Michael Shannon. He had a presence for sure, but he was also kind of cartoonish which stopped me from taking the movie seriously as a thriller.

RC: I don't think it is meant to be taken seriously as a thriller. Any cop who would say, "I forgot to bring my bullets. I'll meet you there," to his cop buddies isn't trying to be Detective Sergeant Joe Friday. He's a wild, bug-eyed caricature of a man on the edge and the second most entertaining thing in the flick (next to the bikes). What did you think of Gordon-Levitt?

MB: Not an actors' movie but he can clearly carry off a leading man role. What I really liked about the movie was its style. The maps, time code, miniatures of Manhattan, and the fractured time narrative all kept me engaged with the limited storyline. Gordon-Levitt's character is called Wiley, as in Wile. E. Coyote, and the movie does have a Roadrunner simplicity. I thought all the gimmicks and stylistic quirks opened it up nicely.

RC: In the beginning I feared that the GPS maps that pop up from time to time might be too much style over substance, and in a way I was right. There isn't much substance here, but it is a fun ride.

MB: What I really didn't buy was the pointless love triangle among the bike couriers, which was a waste of celluloid. But when you say "fun ride" Richard I think you've nailed the picture.

Synopsis

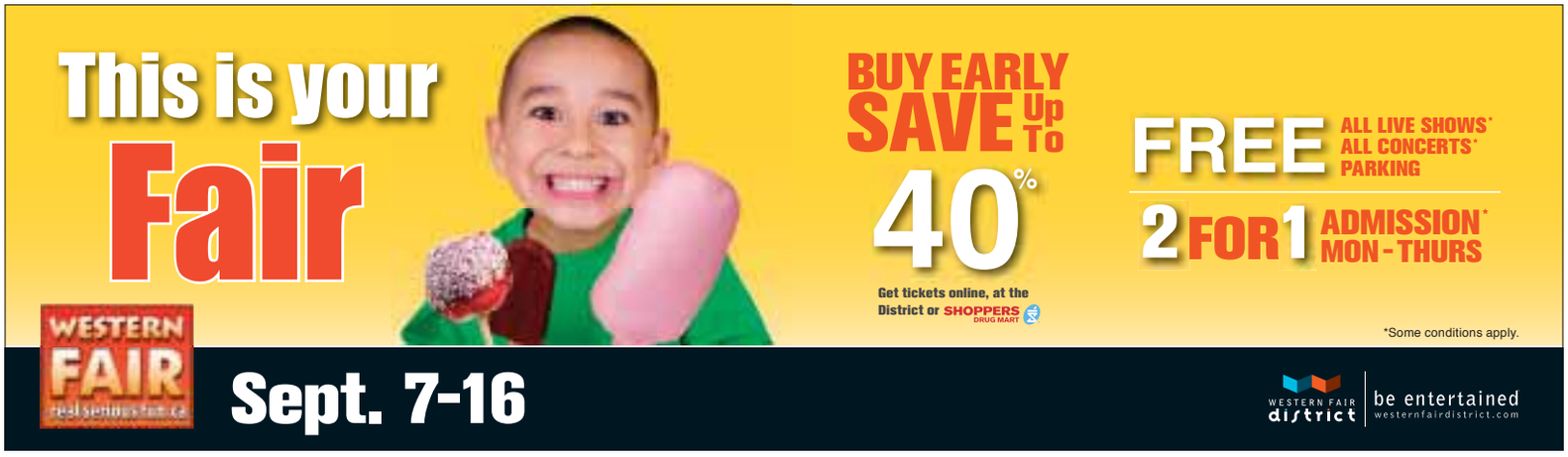
Of all the bicycle courier misfits who patrol the streets of Manhattan, Wylie (Joseph Gordon-Levitt) is the most extreme. Stripped of gears and brakes, his bike is a missile charging through the streets of New York, delivering "that thing to that place, fast." A routine pick-up and drop-off turns dangerous when a crooked cop (Michael Shannon) decides he needs what Wylie is carrying more than its intended recipient.

- Richard: ●●○○○
- Mark: ●●●○○

SCENE 2

On the web

Recording Academy launches campaign to get liner notes behind songs on digital music outlets.



Action/Comedy

Hit & Run

Director. David Palmer, Dax Shepard

Stars. Dax Shepard, Kristen Bell, Bradley Cooper

Dax Shepard stars as an ex-getaway driver who leaves behind the safety of witness protection to accompany his girlfriend (Kristen Bell) on a job interview to Los Angeles. Unfortunately as he hits the road so does his former partner in crime (Bradley Cooper). Shepard and Bell are a couple in real-life and the chemistry between them shows. When it's just the two of them on screen Hit and Run has the makings of a fun romantic action adventure. Unfortunately the movie is also populated by peripheral characters with the combined charm of a slap (stick) to the face.

RICHARD CROUSE

Lawless opens next Wednesday. HANDOUT

Sixties soundtrack goes down well with prohibition trader tale

Lawless. Musician and screenwriter Nick Cave uses the 'boxy' sounds of The Velvet Underground to set the tone in latest film

NED EHRBAR
Metro World News in Hollywood

While his main vocation is still music, Nick Cave admits he's more than happy to write a screenplay whenever director John Hillcoat asks him to. The latest request from Hillcoat? Adapting Matt Bondurant's book the Wettest County in the World, about Bondurant's grandfather and great-uncles running a thriving moonshining operation during Prohibition. Cave also got to take a crack at the music for the film — as he's often done for Hillcoat, most recently for 2009's the Road. For Lawless, he found some unusual inspiration in the Velvet Underground.

How did you feel about changing the title from the Wettest County in the World to Lawless?

Matt's title — this is what I'm told — didn't translate into other countries. Look, I didn't have anything to do with that. It was a decision that was made closer to when it came out. There's been various reasons why. Foreign territories couldn't translate it effectively, so the film would then have a bunch of different names, and that was not good for the film. I've heard that it sounded like a porn film, the Wettest County. But at the end of the day, I think probably the Wettest County in the World was just too lyrical to drag in the youth market. I would say it was simply a marketing thing.

Where did the idea come from to include period versions of more modern songs, like with the Velvet Underground?

I'm not really sure. Initially we were looking at songs of the time, obviously. But I just personally felt that had been done a lot and had been done really well, like O Brother Where Are Thou. I didn't want to be chasing that kind of thing. So the time started to shift a little bit — maybe we take some from a little later. And then, f— it, let's take something from way over there and see what that's like, and then kind of replay it in a sort of attempt to capture that kind of spirit of that time. But you know, something like White Light, White Heat already sounds very much fitted to the time anyway on some level — there's a sort of boxiness to the way it's recorded. I think that was the first one, and once we had that we went, "OK, that's what we're doing."

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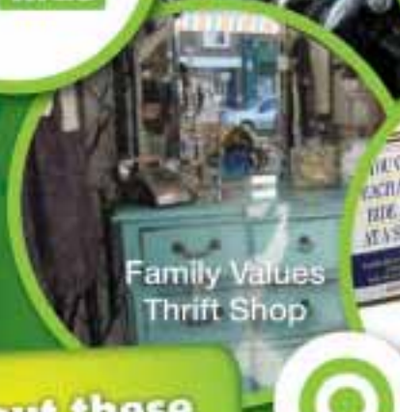

Check out these items and more!

Bidding Starts September 7

metro

THESE PAGES COVER MOVIE START TIMES FROM FRI., AUG. 24 TO THURS., AUG. 30. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

London

Mustang Drive-In -London 2551 Wilton Grove Rd., 519-644-1160

The Bourne Legacy (14A) Fri-Thu 8:55
The Campaign (14A) Fri-Thu 11:10
The Expendables 2 (14A) Fri-Thu 10:30
ParaNorman (PG) Fri-Thu 8:50

Hyland Cinema 240 Wharncliffe Road South, 519-913-0313

The Best Exotic Marigold Hotel (PG) Fri 1 Sat-Sun 3:05 Mon 6:50 Tue-Wed 1 Thu 6:50
The Big Lebowski (14A) Fri 11 Mon 9:05
Boy (14A) Fri 3:15-7:05 Sat 5:20 Sun 7:25 Mon 1 Tue 5:20 Wed 7:25 Thu 1
The Intouchables (14A) Fri 5-8:50 Sat 1-7 Sun 1-5:20 Mon 2:40 Tue 3:15-7 Wed 3:15-9:10 Thu 2:40-9:05
Take This Waltz (14A) Sat 9:05 Sun 9:10 Mon 4:45 Tue 9:05 Wed 5:20 Thu 4:45

Rainbow Cinemas London 355 Wellington St., 519-434-3073

The Bourne Legacy (14A) Fri-Tue 12:55-3:50-6:55-9:25
The Campaign (14A) Fri-Thu 1:20-3:45-7:20-9:45
The Expendables 2 (14A) Fri-Thu 1:10-3:40-7:25-9:40
Hope Springs (14A) Fri-Thu 1:05-3:35-7:10-9:30
Lawless (14A) Wed-Thu 12:55-3:50-6:55-9:25
The Odd Life of Timothy Green (G) Fri-Thu 1-3:25-7:15-9:35
ParaNorman (PG) Fri-Thu 12:50-3:20-7-9:10
Premium Rush (14A) Fri-Thu 1:15-3:30-7:05-9:20

ParaNorman. SUBMITTED

Western Film Room 340, UCC Building,

The Amazing Spider-Man (PG) Fri-Thu 9:15
Ted (14A) Fri-Thu 7

Wellington 8 Cinemas 983 Wellington Rd. S, 519-685-2529

The Bourne Legacy (14A) Fri-Tue 12:45-3:45-6:45-9:45 Wed-Thu 9:20
The Campaign (14A) Fri-Thu 1:30-4:10-7:20-9:50
The Expendables 2 (14A) Fri-Thu 1:10-4-7-9:35
Hit & Run (14A) Fri-Thu 1:20-3:50-6:50-9:25
Hope Springs (14A) Fri-Thu 12:50-3:20-6:30-9:10
Lawless (14A) Wed-Thu 12:45-3:45-6:45-9:45
The Odd Life of Timothy Green (G) Fri-Tue 1-3:30-6:40-9:20
The Oogieloves in the Big Balloon Adventure (G) Wed-Thu 1-3:30-6:40
ParaNorman (PG) Fri-Thu 1:15
ParaNorman 3D (PG) Fri-Thu 3:40-7:15-9:40
Premium Rush (14A) Fri-Thu 1:35-4:15-7:10-9:30

Cineplex Odeon Westmount & VIP Cinemas 755 Wonderland Road South, 519-474-2796

The Bourne Legacy (14A) Fri-Thu 1-4-7-10:05 Fri-Thu 1:45-4:40-7:35-10:30
The Campaign (14A) Fri-Thu 1:15-3:25-5:35-7:50-10:25
The Dark Knight Rises (PG) Fri-Sun 3:20-6:45-10:15 Mon-Thu 3:20-6:45-10:10
The Expendables 2 (14A) Fri-Thu 2:15-4:50-7:30-10:20 Fri-Thu 1:25-4:10-7:10-10
Hit & Run (14A) Fri-Sat 2:40-5:10-7:40-10:10 Sun 1:50-5:10-7:40-10:10 Mon-Thu 2:40-5:10-7:40-10:10 Fri-Thu 1-3:30-6:40-9:30
Hope Springs (14A) Fri-Thu 1:20-4:10-6:55-9:30
Ice Age: Continental Drift (PG) Fri-Thu 1:05
ParaNorman (PG) Fri-Thu 1
ParaNorman 3D (PG) Fri-Sun 3:20-5:40-8-10:30 Mon-Thu 3:20-5:40-8-10:25
Singin' in the Rain (STC) Sun 1
Sparkle (PG) Fri-Sat 1:30-4:20-7:10-10 Sun 4:20-7:10-10 Mon-Tue 1:30-4:20-7:10-10 Wed 4:20-7:10-10 Thu 1:30-4:20-7:10-10 Star & Strollers Screening Wed 1

SilverCity London 1680 Richmond St, 519-673-4125

The Apparition (PG) Fri-Sun 1:25-3:35-5:50-8:05-10:25 Mon 1:35-3:45-5:55-8:05-10:10 Tue 1:25-3:35-5:50-8:05-10:25 Wed-Thu 1:35-3:45-5:55-8:05-10:15
The Bourne Legacy (14A) Fri-Sun 1:30-4:35-7:40-10:45 Mon-Tue 1:30-4:30-7:30-10:30 Wed 1-4-7-10 Thu 1:30-4:30-7:30-10:30
The Campaign (14A) Fri-Sun 1:15-3:25-5:45-8-10:15 Mon 2:15-4:50-7:20-10:05 Tue 1:15-3:25-5:45-8-10:15 Wed-Thu 2:15-4:50-7:20-10:05
Carmen in 3D Encore (STC) Wed 6
The Dark Knight Rises (PG) Fri-Tue 6:45-10 Wed 9:30 Thu 10
The Dark Knight Rises: The IMAX Experience (PG) Fri-Sun 12:30-3:50-7:10-10:30 Mon 1:30-4:55-8:30 Tue 12:30-3:50-7:10-10:30 Wed-Thu 1:30-4:55-8:30
Diary of a Wimpy Kid: Dog Days (G) Fri-Sun 12:45-3:05-5:25-7:45 Mon 1:45-4:55-7:45 Tue 12:45-3:05-5:25-7:45
The Expendables 2 (14A) Fri-Sun 12:35-3:15-5:40-8:10-10:20-10:45 Mon 1:55-4:25-7:10-9:45-10:20 Tue 1:55-4:30-7:10-9:45-10:20 Wed-Thu 1:55-4:25-7:10-9:45
Hit & Run (14A) Fri-Sun 12:40-3:10-5:40-8:05-10:40 Mon-Thu 1:40-4:10-7-9:40
Hope Springs (14A) Fri 2-4:45-7:30-9:55 Sat 11:15-2-4:45-7:30-9:55 Sun 2-4:45-7:30-9:55 Mon 2-4:45-7:25-9:55 Tue 2-4:45-7:30-9:55 Wed-Thu 2-4:45-7:25-9:55
Ice Age: Continental Drift (PG) Fri 2:10-4:30 Sat 11:45-2:10-4:30 Sun-Tue 2:10-4:30
Lawless (14A) Wed-Thu 1:45-4:45-7:35-10:15
Night at the Museum (G) Sat 11
The Odd Life of Timothy Green (G) Fri 2:05-4:40-7:15-9:50 Sat 11:30-2:05-4:40-7:15-9:50 Sun-Tue 2:05-4:40-7:15-9:50 Wed 3:35-9:35 Thu 2:05-4:40-7:15-9:50 Star & Strollers Screening Wed 1
The Oogieloves in the Big Balloon Adventure (G) Wed 1:05-3:10-5:15-7:20 Thu 1:35-3:40-5:45-7:50
ParaNorman (PG) Fri-Sun 12:45 Mon 1:50 Tue 12:45 Wed 1:10 Thu 1:50
ParaNorman 3D (PG) Fri-Sun 3-5:20-7:35-10:05 Mon 4:05-6:40-9 Tue 3-5:20-7:35-10:05 Wed 3:30-6:35-9 Thu 4:05-6:40-9
Premium Rush (14A) Fri-Sun 1:20-3:40-6-8:15-10:35 Mon-Thu 2:20-4:35-7:40-10:10

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Wonder what life could be like elsewhere?

TV. Travel-hungry Canucks explore international house swaps in Live Here, Buy This

Anyone who's ever dreamt of pulling up stakes and moving halfway across the globe should be able to relate to the wannabe expats in the new HGTV series Live Here, Buy This.

These travel-hungry Canucks have grand ideas of making their favourite vacation getaway their family's permanent home-sweet-home and why wouldn't they? Most of the fantasy digs just happen to be in sunny, tropical paradises or culture-rich, centuries-old hamlets.

Quote

"When you go on vacation and you have the greatest time of your life, you go, 'Oh my God, wouldn't it be great if we could live here?' This is just taking that fantasy one step further."

Producer Danielle Kiraly

Of course, actually pursuing such a dream is another matter entirely. And so this show takes a closer look at what a Canadian homeowner could get if they sold their home and bought a comparably priced abode elsewhere.

"The show is really about presenting options to the homeowners," says Dave Lapsley, one of three Canadian-based hosts who criss-cross the globe to profile far-flung properties.

"Some (foreign) homes, simple homes, were similar to what the homeowners have here ... and then there were other ones (that) were like small castles in Italy or huts right on the beach. There was a treehouse home in Costa Rica. The array of homes was vast."

Each episode of Live Here, Buy This profiles a Canadian family musing on what life could be like elsewhere. They pick three dream locations and are presented with two homes in each locale considered equal in value to their current place.

Needless to say, where you could end up and the features you get vary widely depending on where you start and where you want to be.

There seemed to be a lot of bang for your buck in rural Italy. Trading a modest $140,000 cottage in Barrie, Ont., can apparently get one family a slightly larger stone country home surrounded by olive groves.

But searching for a pad in Croatia proves surprisingly difficult for a Toronto family of four with a $575,000 budget. Their wish list gets them an 84 square metre (900 sq. ft.), two-bedroom apartment in the heart of the charming coastal town of Rovinj.

No one actually moves at the end of each episode — this is merely a glimpse at the possibilities for adventurous globe-trotters, says series producer Danielle Kiraly.

THE CANADIAN PRESS

Two of the hosts of the HGTV series Live Here, Buy This. HANDOUT

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BBC America 'really confident' in new drama series Copper

Television. Featuring Canadian actor Kyle Schmid, the period piece takes viewers to famed Five Points neighbourhood of New York

IAN GORMELY
For Metro

Something they don't tell Canadian actors who move down South is that despite living in Los Angeles, you'll be spending a lot of time North of the border.

Originally from Mississauga, Ont., Kyle Schmid has lived in the Golden State for the last eight years, but his work has landed him significant stints in Vancouver, Montreal — where he worked on the North American version of Being Human — and now Toronto, home base of production for Copper, which premiers this Sunday on Showcase.

"It's the show I'm most proud of," he says. "I can share it with my family and friends and have them come on set and share the same energy I feel."

Created by Oz and St. Elsewhere writer Tom Fontana and executive produced by Diner director Barry Levinson, the series is the first foray into scripted drama for BBC America, where it airs in the States. There is no precedent at the network, Schmid says.

"But BBC is really confident with the show. You do get that feeling on set."

Set in the famed Five Points region of New York in the aftermath of the civil war, the program follows Irish police officer Kevin Corcoran whose wife and child have disappeared.

"I love period pieces because of the history and the wardrobe and the characters and the change in the moral and ethic values," he says. "It's rare (in TV) that you get to do something gritty and grimy."

Kyle Schmid as Robert Morehouse in Copper, premiering this Sunday at 9 p.m. ET on Showcase. HANDOUT

Schmid originally auditioned to play Corcoran, but the part eventually went to Tom Weston-Jones. He was brought back to read for the part of Corcoran's friend, Robert Morehouse, the son of a wealthy industrialist.

After several readings he found himself rehearsing with other actors.

"I'm in the room and I think I'm testing for this part. The BBC producers are in there," Schmid recalls. He asked if there was anything they needed him to do.

"They said, 'No, no, no. You got the part. Nobody told you?'"

Schmid describes Morehouse as a character in flux.

"It was an era of opportunity," he says, "And Morehouse has money, power, women booze and drugs to exploit. With that comes a very layered character."

It's a dream role for Schmid, who loves playing complex parts, but has yet to hit a point in his career where he has the luxury of picking and choosing parts.

"The layers in the personality, the cracks in their walls — human qualities that make people and situations interesting are always the best characters to play."

Quote

"It's rare (in TV) that you get to do something gritty and grimy."
Actor Kyle Schmid

TV pix

America's Next Top Model's Tyra Banks. GETTY IMAGES

New faces on Top Model

America's Next Top Model gets a facelift with Friday's season 19 (yes, 19!) debut. The first big change is seen in the new personalities: former boxer and male supermodel Rob Evans, fashion blogger Bryanboy, famed stylist Johnny Wujek, and dancer and choreographer Jonte.

They replace former longtime series stars Nigel Barker, J. Alexander and Toronto-raised Jay Manuel. This season also features the show's first-ever College Edition. (CW).

Investigative journalism at its finest

Going from the inane to the intellectual, we find new episodes of investigative journalism series 20/20 (ABC, CHCH) and Dateline NBC (NBC, CTV Two) airing Friday. There's also an encore airing of the CBC Marketplace episode Superbug in the Supermarket, in which journalists test 100 samples of chicken from across Canada for harmful germs.

Learn about the World's greatest Rock 'n' Roll band

The Rolling Stones may have turned down the opportunity to perform at the recent Olympics closing ceremony, as the Guardian newspaper recently reported, but you can catch them Saturday on a biography about the group. The Rolling Stones: Truth and Lies also features interviews with critics and fans. (AUX TV).

Films of all genres on deck

The popcorn maker will be in overdrive Saturday with several choice film offerings.

Among them is Super Size Me, in which maverick filmmaker Morgan Spurlock eats only McDonald's food for 30 days (CBC NN).

For action, click to the Steven Spielberg/Tom Cruise double bill of War of the Worlds and Minority Report (Action).

In the comedy vein, there's Princess Bride (BITE TV). And for drama, head to The Girl Who Played With Fire (Bravo) or the Canadian Joshua Jackson road trip One Week (CBC).

Poking fun at The Donald

The Roast of Donald Trump is an encore airing on Sunday, but one worth watching again. Celebrities roasters include Larry King, Marlee Matlin, rapper Snoop Dogg, and Jersey Shore's Mike (The Situation) Sorrentino (Comedy).

THE CANADIAN PRESS

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Teletubbies instigator finds new form

The Oogieloves in the Big Balloon Adventure. Viselman talks about his inspiration in creating toddler television — and now a movie

The marketing genius behind Thomas the Tank Engine and those scandalous Teletubbies knows how to capture the hearts and minds of toddlers. Now he's after their feet.

For his next project, The Oogieloves in the Big Balloon Adventure, Kenn Viselman is taking a new approach to the pre-school audience. The movie opens Aug. 29 and will have auditory and visual cues that prompt the children to sing and dance in the aisles.

"Why do we try to make children do what they're naturally not able to do at the age?" Viselman asks of making them sit still and quiet.

"We looked at the experience from a child's point of view, and instead of saying to the child, come to the movie and be an adult, we want them to come to the movies and be a child," he says.

"Let children be children," he adds.

Sitting in Starbucks, you'd never know the bespectacled man with a wordy tattoo wrapped around his right arm was instrumental in creating some of the biggest movements in children's television programming.

Before embarking on a career for the pre-school set, he worked in the garment industry.

After a long hiatus from the business, Viselman returns this month as the producer of the Oogieloves movie.

And rather than create Computer Graphic Imagery to tell the story, he opted for live action, using a host of stars including Chazz Palminteri, Cary Elwes, Toni Braxton, Jaime Pressly and others.

It's something he describes as a blend of Pee Wee's Playhouse for the kids and strong, well-known character actors for the adults.

Viselman is confident that The Oogieloves in the Big Balloon Adventure will change the movie experience for parents and children alike.

And it better. He's planning on showing on 3,200 screens.

Of course, if he has any doubts, all he has to do is read his arm. What does it say?

"My life shall not be measured by the number of breaths I take, instead, by the moments that take my breath away."

THE ASSOCIATED PRESS

Kenn Viselman's latest project is The Oogieloves in the Big Balloon Adventure. JOHN CARUCCI/THE ASSOCIATED PRESS

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Tunes to take you back through time

SOUND CHECK
Alan Cross
scene@metronews.ca

Last Friday, the compact disc turned 30 years old. That got me thinking about the three superbly produced songs I used to demonstrate my new CD player to friends back in the day. If you're buying speakers, test them with these discs.

1 Avalon/Roxy Music

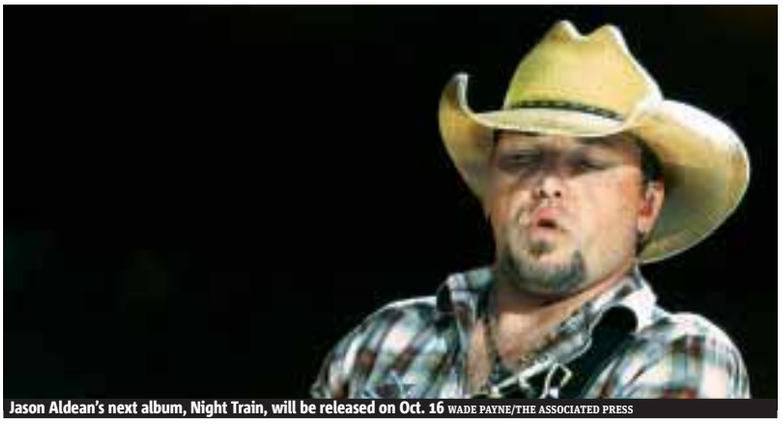
Listen for the smoothness of the keyboards the sharpness of the snare drum rim shots. (From Avalon, 1982)

2 Sledgehammer/ Peter Gabriel

Stunning percussion track. And the album is being reissued in a 25th anniversary form next month. That should sound even better. (From So, 1986.)

3 Telegraph Road/Dire Straits

Fourteen glorious minutes of musical dynamics recorded on 2-inch analogue tape at 30 inches per second. (From Love Over Gold, 1982)



Jason Aldean's next album, Night Train, will be released on Oct. 16 WADE PAYNE/THE ASSOCIATED PRESS

Riding Night Train to success

Country music. Jason Aldean explains the reason he chose the title for his next major album release

When Jason Aldean names an album, he looks for a title that fits his life at the moment.

He thinks Night Train, his choice for his much anticipated fifth album, paints the perfect picture.

"It's one of those things where we went from one bus pulling a trailer to all the sudden we've got six or seven buses and eight or nine trucks," Aldean said.

"We're all rolling down the interstate together at night, and that's what it looks like. It looks like a big freight train rolling down the interstate. It just kind of to me sums up how far things have come over the last few years."

Aldean spoke about the new album, out Oct. 16 on Broken Bow Records, just days after playing his first stadium show, the next step on his way to country superstar status.

He's sold 1.9 million concert tickets this year and his last album, the multiplatinum My Kinda Party, produced five hit singles, won the Country Music Association's Album of the Year award and has remained in Billboard's country top 10 tracks for 92 weeks.

Night Train appears set to follow right down the tracks. Take a Little Ride, the first single from the album, set a record for first-week digital downloads by a male country solo artist.

THE ASSOCIATED PRESS

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Hip-hop stars start to hit pause on homophobia in rap as gay rights rise

Frank Ocean. His recent revelation has many asking the question: when will a gay rapper emerge and be accepted?

Elton John, left, and Eminem appear together after performing a duet near the end of the 43rd annual Grammy Awards in 2001. FILE PHOTO/THE ASSOCIATED PRESS

Snoop Dogg has rapped in songs where gay slurs have been tossed about.

He's even said them, part of a long list of rappers who have freely used the f-word — the other f-word — in rhyme.

For years, anti-gay epithets and sentiments in rap have largely been accepted, along with its frequent misogyny and violence, as part of the hip-hop culture — a culture that has been slow to change, even as gay people enjoy more mainstream acceptance, particularly in entertainment.

But while perhaps glacial, a shift appears to be on the horizon.

"People are learning how to live and get along more, and accept people for who they are and not bash them or hurt them because they're different," Snoop Dogg said in a recent interview.

Frank Ocean may be largely responsible for that. The rising star, who revealed on his blog last month that his first love was a man, is technically an R&B singer. But he has produced and collaborated with some of music's top hip-hop acts, from Jay-Z to Andre 3000 to Kanye West to Nas. He's also co-written songs for Beyoncé, Justin Bieber and John Legend, and is a member of the alternative rap group Odd Future.

"When I was growing up, you could never do that and announce that," Snoop said of Ocean's revelation. "There would be so much scrutiny and hate and negativity, and no one would step (forward) to support you because that's what we were brainwashed and trained to know."

Some of hip-hop's key figures have given some kind of support to the gay community. Pharrell Williams recently collaborated with the openly gay pop singer Mika on the song Celebrate.

Jay-Z, like Eminem, has said people of the same sex should be able to love one another. Eminem performed with Elton John at the 2001 Grammy Awards at the height of GLAAD's (Gay & Lesbian Alliance Against Defamation) criticism.

Darryl D.M.C. McDaniels of the iconic rap group Run D.M.C is skeptical about some of hip-hop's recent support of Ocean, since he believes homophobia is still rampant in the culture. Still, he is sure a homosexual hip-hop act will emerge.

"Of course there's going to be a gay rapper."

THE ASSOCIATED PRESS

Ocean

GLAAD not mad.

- **Quote.** "(The support for Frank is) an extension of the overall kind of support we're seeing across the country for LGBT people, and not just in a broad sense, but specifically from iconic members of the black community," said Daryl Hannah, GLAAD's director of media and community partnerships, who added Jay-Z as those leading the change.

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Mapleview Shopping Centre
Markville Shopping Centre
Masonville Place
New Sudbury Centre
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Oakville Place
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Station Mall
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Tecumseh Mall
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Woodbine Centre
Yorkdale Mall

Prince Harry

Prince in hot water at home over photo scandal

In the wake of his nude Las Vegas photo scandal, Prince Harry has been summoned home, heading to Balmoral Castle in Scotland to get a talking-to from Queen Elizabeth and Prince Phillip as well as his dad, Prince Charles, according to Us Weekly.

A source tells the magazine that the royal bachelor — and third in line for the British crown — will "have to face up to family" for the outrageous behaviour. And his personal security will have to answer some questions as well — like how the photos could have been taken, let alone leaked. But Harry's guards needn't be too worried. "Of course questions will be asked, and matters raised, but no one's job is on the line," the source says. "As protection officers, their job is to intervene when his life is at risk, not to protect his image."

Gold medal challenge

The London games may be over, but Prince Harry isn't letting Team USA get away with the swimming gold that easily. The royal challenged Ryan Lochte during the American swimming champion's 28th birthday party Monday at a Las Vegas pool. Las Vegas Sun columnist Robin Leach reports the prince stripped down to his jeans and gestured for others to clear the way for the contest at the XS nightclub pool at the Wynn resort. As predicted, the 11-time Olympic medallist won.

THE ASSOCIATED PRESS

Angelina Jolie

Like mother like daughter

It looks like Angelina Jolie is OK with her kids getting in on the act, as one of her children — 4-year-old daughter Vivienne — will get some screen time with mom. "Angelina Jolie's daughter Vivienne will play a minor role as the child version of Princess Aurora opposite her mother in Maleficent," a statement from Walt Disney Studios confirms. Elle Fanning will play the older version of the princess, better known as Sleeping Beauty.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Tax lessons with Beanie Sigel

THE WORD
Monica Weymouth
scene@metronews.ca

On September 12, Beanie Sigel is due to report to prison for a two-year stay for tax evasion.

But although the Philly rapper pleaded guilty to failing to pay around $350,000 on unreported income, he's not going quietly.

In fact, Sigel has a perfectly good explanation for not filing between 2003-2005: "The years that they charged me for failure to file taxes is years that I was incarcerated," he tells MTV of his stint for weapons and drug charges. "When you're incarcerated in a federal facility, you're not allowed to conduct any business at all."

That's a little like being late for work because your bartender was moving slow.

But sure — we've been there. The thing is, Sigel doesn't really intend to pay up no matter where he's living.

"You shouldn't be able to tax income," he says. "If I fix your roof and you wanna pay me in 20 pounds of bananas, do you think Uncle Sam wants 45 per cent of my bananas? But because you're paying me $400,000 in currency he wants a part of that."

Beanie, whenever you make it out of prison, we fear you and your non-logic have a career in politics.

Reese Witherspoon

Source says hospital visit a 'normal thing' for Reese

All is well after a surprise visit to the hospital this week by Reese Witherspoon had friends worried she might be having her baby earlier than expected, according to the Daily Mail. "The visit is a normal thing for a lot of pregnant women and this is no drama," a source tells the newspaper. "All parties involved are healthy and fine."

But that's not how things looked a day ago, when sources told Radar Online, "Reese was actually taken to the hospital on Tuesday night with complications. She was released that night and then rushed back to the hospital (Wednesday). At this point it looks like she might have the baby." The baby is due in early September.

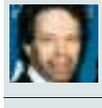
Conflicting reports on Brit's cold feet

Britney Spears

Contrary to reports that Britney Spears might be getting cold feet, the singer is still very much planning to marry fiancé Jason Trawick, according to People magazine. "There's no truth to any second thoughts about their wedding," a source says. Those rumours began cropping up when Spears was spotted recently without the engagement ring she received from Trawick after his proposal last December. But the absence was work-related, the source explains: "She was not wearing her ring last week because she took it off during an Elizabeth Arden (photo) shoot and Jason was holding it for her. He simply forgot to give it back until later."

Twitter

@MissKellyO
had to leave the pool because the old pervert was there today he told me he likes watching me sunbathe because i remind him of Betty Grable



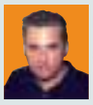
@BRUCKHEIMERJB
It is extremely hot out here in Santa Fe. Although really hoping for no rain... apparently we're in a flash flood area...

@charliesheen
Thank you Twitter... Thank you Cadre! Got my 7.7M followers back..!! well.... that took a week... WINNING!!

@ZooeyDescanel
Do pretty women still sit on their couches and eat Bon Bons or was that just an '80s thing?

Liquid Assets

Washing down the dog



LIQUID ASSETS
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Can I be frank? When it comes to comfort food, I love a good wiener. It doesn't have to be all fancy pants with crazy toppings and snazzy dogs between my buns. I'm cool with a splash of mustard over something prepackaged.

I'm in the minority. Hot dog aficionados are making the common into an explosion of sophisticated flavours by turning dogs into delicacies.

Funky toppings and theme-oriented creations are turning the lowly supermarket sausage into the star of a gourmet revolution worthy of its own show on The Food Network.

Question is: What do you drink with that? With such a wide variety of interpretations reach for something light, clean and refreshing: beer.

A good brew, especially a lager style, is a food affinity equalizer when things get spicy, sharp or crazy eclectic.

After years of being an exclusively USA offering, Rolling Rock Extra Pale Lager (473 ml, $2.35 - $3.29) has finally arrived in Canada. With good weight, a tight flavour profile and a linger bitterness, it's a perfect companion to a dolled-up dog. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Around the world in three hot dogs

Creative Hot Dogs.
Transform them with internationally inspired flavours

A well-dressed dog — that is a hot dog accompanied by robust and inspired toppings — can transform this classic summer food into so much more.

But just because they are overflowing and messy doesn't mean they shouldn't have a plan. Draw inspiration from other dishes when planning the toppings for a hot dog. Here are some suggestions. **THE ASSOCIATED PRESS**

The Greek Dog

It's inspired by feta cheese and spinach that are in spanakopita.

Thaw 1 cup of frozen shredded spinach; squeeze it over sink to remove water. In skillet over medium-high, heat splash of olive oil. Sauté spinach, diced medium onion and 2 minced cloves of garlic. When onion tender, season with salt, pepper and dill seed. Grill 4 hot dogs and toast 4 hot dog buns over medium heat. Spoon spinach mix into each bun, then place a hot dog over it. Top with feta cheese and tzatziki.

The Pizza Dog

The only way to make meat-wrapped meat better is to add melted mozzarella cheese.

Using 2 slices of prosciutto per hot dog, wrap 4 hot dogs tightly in prosciutto. Grill the hot dogs over low heat, turning regularly, until the prosciutto is crisp and lightly browned, about 8 minutes. Meanwhile, fill 4 hot dog buns with bocconcini (small balls of fresh mozzarella). Toast the buns on the grill (bun opening facing up) until the cheese is warm and starting to melt. Place a hot dog in each bun, then top with oil-packed chopped sun-dried tomatoes and chopped fresh basil.

The Taco Dog

Soft and crunchy and spicy and creamy — exactly the way a taco should be.

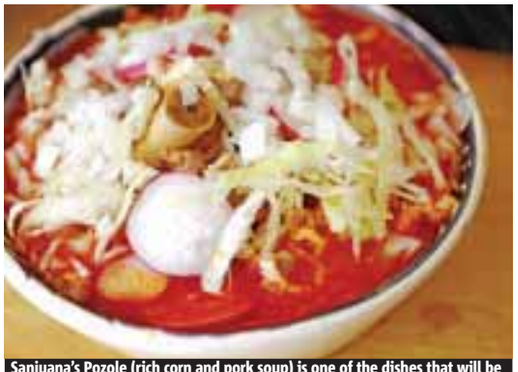
Spoon refried beans into 4 hot dog buns. Lightly crumble about 12 tortilla chips, then sprinkle some over the refried beans in each bun. Grill 4 hot dogs over low heat. Toast the prepared buns (bun openings facing up) until the beans are heated. Place a hot dog in each bun, then top with sliced jalapeno peppers, tomato salsa, sliced black olives and shredded cheddar cheese.

On the Web

Emotions run high when failing eateries are revamped in Restaurant: Impossible

A 'different Mexico' is coming to your TV

Food Network. Chef Chuck Hughes hopes to show a lesser-known side of the country and its cuisine with series



Sanjuana's Pozole (rich corn and pork soup) is one of the dishes that will be spotlighted on Chuck's Week Off. THE CANADIAN PRESS/ FOOD NETWORK CANADA

Montreal star chef Chuck Hughes says he hopes to open Canadian eyes to "a different Mexico" with his new television series.

Chuck's Week Off, debuting Aug. 28 on Food Network Canada, saw him venturing on and off the beaten path for two months in Mexico, trying everything from hiking to diving to lassoing with locals.

Of course, he also helped make authentic Mexican meals along the way, including home-made ranchero cheese, beef jerky, chocolate clams, and head tacos (complete with eyes, brain, tongue and cheek).

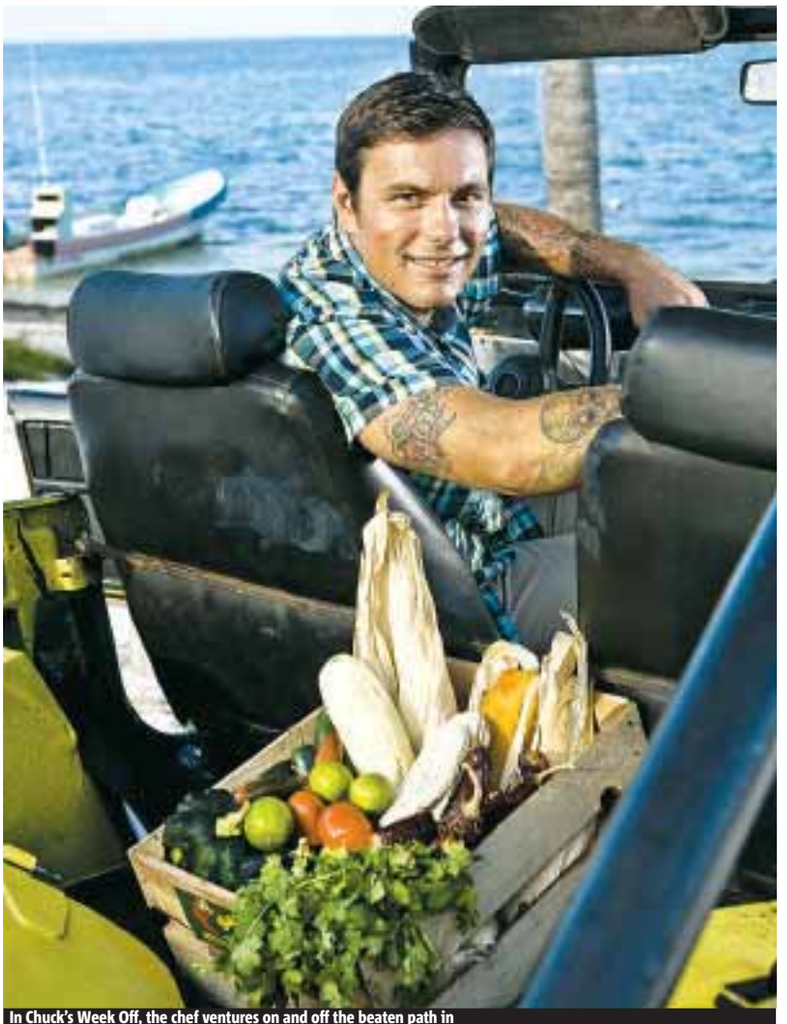
Hughes says despite recent headlines surrounding violent attacks on Canadians in Mexico, and a travel warning from Ottawa urging Canucks to exercise "extreme caution" in certain areas, he never felt unsafe during his stay last summer.

"There's probably 5,000 people that give a country of 120 million a bad rap," he said. "I travelled for two months everywhere. I literally went everywhere, not once did I feel threatened, not once did I feel scared. People were more scared of me, if anything. They were like, 'Who is that tall white guy with all the tattoos?'"

Hughes was particularly taken with Mexico City, where he stayed in the French-influenced Condesa district.

"I feel like it's a place where almost, I belong. I felt like I was home," said Hughes, 35. "I love the whole country, it was amazing, but Mexico City in particular was just really eye-opening."

The eight-part series is the first spinoff of Hughes' Gemini-Award-nominated Chuck's Day Off, which is broadcast in 30 countries.



In Chuck's Week Off, the chef ventures on and off the beaten path in Mexico to discover the country and its cuisine. HANDOUT

The co-owner and chef of Montreal hot-spots Garde Manger and Le Bremner chose Mexico for the spinoff because he knows how to speak a little bit of Spanish and wanted to explore its terrain and cuisine.

"Everybody knows pico de gallo and tacos — well there's so much more," he said by phone. "Being from Quebec, my whole life I grew up on pork, corn, potatoes, and when I look at Mexico it's the same kind of deal, only they have hot peppers and they use the corn in a different fashion. But basically our staples are the same."

Watching Mexican locals cook with old-school methods — using local, in-season ingredients and minimizing waste — in remote areas with few resources taught Hughes a few techniques. It also made him realize how lucky he is to have everything at his disposal at his kitchens in Canada.

"I think that's probably what I take back the most from my whole experience. Not necessarily any specific recipe but more of a philosophy and a way of treating the ingredients, looking at the ingredients and respecting the food," said Hughes.

"My life revolves around it and I've always respected food a lot, but in terms of professional cooking, we're very, very lucky that we have water whenever we want and it's used in every stage."

THE CANADIAN PRESS

Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events.

MIX OF SIX
Mila Petkovic
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Living with Abundance

The things we live with, choices we make and visual experiences are explored in Cheri Robinson's solo exhibition Living with Abundance. In this fun and intriguing show, common objects, visual complexity, composition and lighting come into play with ideas stemming from three previous shows. The still lifes are sculptural works using various materials that relate to our lifestyle. The artist will be present at The Arts Project (203 Dundas St.) on Saturday from 2 to 4 p.m. for a meet and greet. Admission is free.

The Old South Beal Alumni Show

The Old South Beal Alumni Show features some of the most interesting works by local artists such as Tom Duncan, Cliff Kearns, Meredith Milton, Michael Everett, Matt Gillard, Agneta Dolman, Jessica Desparois, Kirtley Jarvis, and Jeff Heene. From printmaking and sculpture, to painting and drawing, these works exemplify the talent and diversity of artists living in London's old south community. The exhibition is taking place at The Art Exchange (247 Wortley Rd.) and will remain up until Sept. 8.

Socrates Café

Socrates Café is an open discussion forum in the informal environment of the library's cafe for everyone who enjoys listening, thinking and talking about life's big questions. This month's topic is dream interpretation. Socrates Cafe happens the last Monday of each month (this time it lands on Aug. 27) from 7 to 9 p.m. at the London Public Library, Central Branch (251 Dundas St.) on the first floor beside the Little Red Roaster Cafe. Teens and new English speakers are welcome.

Argyle Art in the Park

Local artists will be showcasing their arts and crafts at the first annual Argyle Art in the Park at Kiwanis Park (Kiwanis Park Drive & Wavell Street) on Saturday from 11 a.m. to 6 p.m. There will be interactive art demonstrations, live music and local food vendors. Art in the Park will also showcase various environmentally friendly initiatives taking place in the community. You can expect to see rain barrels, tree planting, recycled materials crafts, as well as lots of information on how to go green. There will be a movie in the park at 8 p.m. to follow. Admission is free.

Folk rock blues

The Allens and the Sarah Burton Band will be playing at the London Music Club (470 Colborne St.) on Saturday. Sarah Burton's sound rocks and rolls with just the right amount of country and pop influence. Acoustic, steel and electric guitars make their mark on the songs and themes of travel, luck and love affairs. The Allen's blend rusty roots rock and folk melodies, boasting musical influences like Blue Rodeo, Bob Dylan, Uncle Neil (Neil Young), Johnny Cash and Wilco. Tickets are $7 at the door. The show starts at 10 p.m.

Artfusion 25

Artfusion is a community event that presents the work of local artists and live musicians once a month to preview the new collection of Artfusion Gallery. Enjoy a full evening of relaxed browsing, clever chatting, cool beverages, and late-night dancing. This month's event will be held on Saturday from 7 p.m. to 2 a.m. on the third floor of APK Live (340 Wellington St.). The cover is a $2 minimum donation at the door.

Couples therapy helps PTSD sufferers, partners, study suggests

Study author Candice Monson.
HANDOUT

A new Canadian study suggests talk therapy involving couples can make a big difference in the treatment of post-traumatic stress disorder or PTSD.

The small study found that 80 per cent of participants with PTSD improved to the point where they were no longer considered to be suffering from the condition after 15 sessions of cognitive behavioural couple therapy.

The work, which was led by a researcher at Ryerson University in Toronto, is published in this week's issue of the Journal of the American Medical Association.

Lead author Candice Monson says the idea to look at whether couples therapy was useful in treating PTSD stems from the growing awareness that the condition places relationships under severe stress and can lead to divorce.

While some clinicians have used cognitive behavioural couples therapy for PTSD, it is not currently used extensively for the condition.

This study compared disability status and relationship satisfaction levels in 20 couples randomly assigned to get the therapy versus 20 who were put on a waiting list for the treatment.

The therapy involved 15 sessions lasting 75 minutes apiece.

The couples who didn't originally get the therapy were offered it after the study was completed.

The study included both heterosexual and same-sex couples but in all cases only one member of the couple was suffering from PTSD.

The study was funded by the U.S. National Institute of Mental Health.

"The take-home message is that of the individuals at the end of treatment that were assessed, that 80 per cent of them lost their diagnosis of PTSD," says Monson, who is a professor of psychology and director of clinical training at Ryerson.

"And 80 per cent of them had a clinically meaningful response, meaning that their scores changed enough that you should see actual social changes in that person — so impairment related improvements."

Monson says those results are similar to what one would expect to see if the PTSD sufferer received individual talk therapy.

But the couples therapy offers the benefit of treating both the impairment and the problems it creates in the relationship with the sufferer's partner — an important bonus at a time of shrinking resources, she says.

THE CANADIAN PRESS

SPORTS 4

Tigers claw to 11th-inning win to sweep away Blue Jays

MLB. Toronto done in by Jackson's big catch and Avila's big hit in Detroit

Thursday's game

Tigers	Blue Jays
3	2

Anthony Gose lifted a flyball to right-centre field with a runner on second in the 10th inning, and it sure looked like the Toronto rookie had given his team the lead.

Austin Jackson had other ideas.

"He made a great play," Gose said. "I didn't think he was anywhere near it and he came out of nowhere."

Jackson's spectacular diving catch kept the game tied, and the Detroit Tigers eventually won it on Alex Avila's RBI single with two outs in the 11th. The 3-2 victory over the Blue Jays gave the Tigers a three-game sweep.

With runners on first and second in the 11th, Avila singled to right off Chad Jenkins (0-1). Gose played the ball on a hop and couldn't throw out pinch-runner Quintin Berry at home.

Joaquin Benoit (3-3) got the win. Justin Verlander struck out 12 in nine innings for the Tigers.

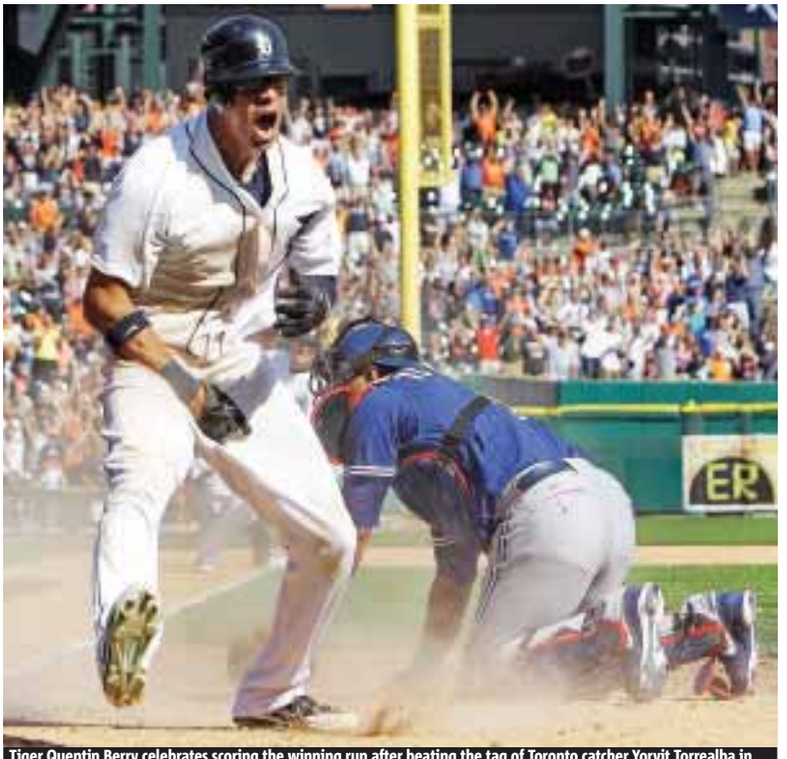
Detroit slugger Miguel Cabrera left in the second inning because of right ankle soreness, but Tigers manager Jim Leyland said he expects Cabrera to play Friday, possibly as the designated hitter.

J.A. Happ took a shutout into the eighth inning for Toronto, but the bullpen couldn't hold a 2-0 lead. Happ left the game after walking Avila with one out, and Jackson singled off reliever Brandon Lyon. After Omar Infante flied out, Darren Oliver came on to face pinch-hitter Brennan Boesch and allowed an RBI single.

"We got ahead and, unfortunately, some balls found some holes and that's going to happen," Happ said. "I felt confident out there. I felt in control. That's where I want to be."

With Prince Fielder batting, Oliver threw a wild pitch that allowed Jackson to score from third and tie the game 2-2.

Edwin Encarnacion hit a two-run homer off Verlander in the fourth. THE ASSOCIATED PRESS



Tiger Quentin Berry celebrates scoring the winning run after beating the tag of Toronto catcher Yorvit Torrealba in Detroit on Thursday. PAUL SANCYA/THE ASSOCIATED PRESS

Outlook grim as NHL lockout looms

NHPLA head Donald Fehr prepares to speak with media on Thursday in Toronto. THE CANADIAN PRESS

Another NHL lockout is beginning to feel like an inevitability.

Unable to move beyond the philosophical stage of talks, the owners and players have watched another week slip by without progress. They sat down together for a quick session Thursday morning before reporting the same significant gap that has existed all along.

The main issue that divides them is far from complex.

"We believe we're paying out more than we should be," said commissioner Gary Bettman. "It's as simple as that."

Executive director Donald Fehr has acknowledged there's room for some flexibility in that area — last week's proposal included three years with a slightly lower share in revenues for the players.

"Everybody understands that employers would always like to pay less," said Fehr. "That's not a surprise to anybody — it's disappointing sometimes — but it's not a surprise."

He went on to add that the services his constituents provide are irreplaceable.

With both sides so entrenched, real negotiations have yet to begin even though the Sept. 15 deadline for a lockout is fast approaching.

The parties attempted to make some progress Wednesday by clearing the meeting room of everyone but the key figures: Bettman and deputy commissioner Bill Daly along with Fehr and his brother Steve Fehr, the union's No. 2 man.

Those same four men will reopen talks next Tuesday in New York during what promises to be a key negotiation session. The sides have tentatively blocked off the rest of the week for meetings as well, but they must first determine if there's anything worth talking about. THE CANADIAN PRESS

Glaring gap

The essential difference between the offers put forward so far is perhaps best articulated in terms of their impact on the salary cap.

- Under the NHL's initial proposal, it would fall to $50.8 million for next season. The NHLPA's would see it set near $69 million.

Mobile sports

Oakland's Brandon McCarthy says he's confident he's clean whenever the call comes for a random Major League Baseball drug test. But the Athletics' right-hander admits the nerves do sometimes creep in, especially after two of his teammates received 50-game bans in the last week. Scan the code for the story.

Basketball

Triano gets another chance to coach national team

Jay Triano in Toronto on Thursday. TORSTAR NEWS SERVICE

Jay Triano is returning to the helm of the Canadian men's basketball team.

Triano, who was introduced by Canadian GM Steve Nash on Thursday, was the team's head coach from 1998 to 2004. THE CANADIAN PRESS

Conference

Canada ready for more pro sports, says Conference Board

Canada appears ripe for major league sports expansion over the next two decades, says a new report from the Conference Board of Canada.

Economic and demographic trends suggest the country could support three new NHL teams, the return of major league baseball to Montreal and the NBA to Vancouver, and as many as three new Major League Soccer teams.

The study, released Thursday, also suggests that by the year 2035, another seven cities could support Canadian Football League franchises. THE CANADIAN PRESS

CFL

"He's been nothing but great since he's been with us."

Toronto Argonauts GM Jim Barker on new offensive tackle Tony Washington. On May 9, 2003, Washington pleaded guilty to prohibitive sexual conduct with his sister, Caylen. At the time, he was 16. She was 15. He remains a registered sex offender in the U.S.

Sports in pictures

1 Soccer. Barca bounce back to top Madrid

Barcelona came from behind to beat Real Madrid 3-2 on Thursday in the opening leg of the Spanish Super Cup. **THE ASSOCIATED PRESS**

2 NHL. Swedish legends added to Leafs' outdoor alumni roster

Toronto Hall of Famers Borje Salming and Mats Sundin were added Tuesday to the Maple Leafs' NHL alumni squad, scheduled to play the Detroit Red Wings on Dec. 31 at Comerica Park.
TORSTAR NEWS SERVICE

3 NFL. Portis hangs up cleats for good

Clinton Portis formally announced his retirement Thursday in Ashburn, Va., frequently shedding tears as he spoke about his life and nine-year NFL career as a running back with the Denver Broncos and Washington Redskins.
THE ASSOCIATED PRESS

Jon Jones, left, lands a kick on Brazil's Lyoto Machida during UFC 140 in Toronto in December.
CHRIS YOUNG/THE CANADIAN PRESS

Jones to fight in T.O. after UFC 151 axed

Mixed martial arts. UFC president Dana White angry at Jones for refusing a replacement fight

The UFC cancelled its Sept. 1 pay-per-view show Thursday after light heavyweight contender Dan Henderson injured his knee and champion Jon Jones declined a replacement fight with Chael Sonnen.

UFC President Dana White was left furious with Jones and his trainer, Greg Jackson, after the UFC was forced to scrap a major card for the first time in his 11 years in charge of mixed martial arts' dominant promotion.

"This is probably one of my all-time lows," White said. "The one thing that I never thought in a million years would ever happen — it happened."

White said Jones is the first UFC champion ever to turn down a match even on such short notice, calling the decision "selfish" and "disgusting."

UFC 151 was scheduled for Sept. 1 at Mandalay Bay Events Center in Las Vegas.

Jones agreed to defend his title against former champion Lyoto Machida at UFC 152 in Toronto on Sept. 22 in a rematch of their bout last December in the same city.

But that did nothing to curb White's anger at one of his promotion's biggest stars — and an athlete personally sponsored by the UFC. Last-minute matchup changes occur frequently in MMA shows due to injuries, and White rarely has a problem getting his tough-guy fighters to take risks.

Jones and Jackson didn't immediately respond to requests for comment.

The 41-year-old Henderson was forced to drop out of his title shot against Jones after partially tearing a ligament in his knee during training, according to White.

Sonnen immediately agreed to take the assignment on eight days' notice, even moving up from 185 pounds to 205 to do it. The trash-talking Sonnen was stopped by middleweight champion Anderson Silva on July 7 in their entertaining rematch at UFC 148, the UFC's biggest show of the summer.

But White said Jones and Jackson decided the champion couldn't be ready to fight the dangerous Sonnen.
THE ASSOCIATED PRESS

Quoted

"We've never, ever had a fighter refuse to fight somebody, especially a fighter who is a world champion as well as one of the top pound-for-pound guys in the world."
UFC President Dana White is furious with light heavyweight champion Jon Jones for declining a replacement fight with Chael Sonnen

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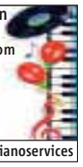

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Horoscopes

♈ Aries
March 21 - April 20
Be honest with yourself about your financial situation. The only way to resolve a problem is to identify exactly what that problem is, so stop pretending everything is fine and get to grips with reality. You'll do OK.

♉ Taurus
April 21 - May 21
Don't look for the usual explanations today. Look for explanations that seem most outrageous, because those are the ones most likely to be true. You need to learn to think in more creative ways.

♊ Gemini
May 22 - June 21
The Sun's link to Neptune will confront you with situations, both at home and at work, that demand a more flexible response. Approach the same old problems in the same old ways — and you'll get the same old results.

♋ Cancer
June 22 - July 23
Don't waste time trying to make sense of what is going on in the world because most likely it will make no sense. The good news is you are one of the lucky few who will benefit from the upheavals.

♌ Leo
July 24 - Aug. 23
The more others tell you to follow the herd and do what everyone else is doing, the more you should do the opposite! The herd always ends up in the slaughter-house, so break free and be the one who survives.

♍ Virgo
Aug. 24 - Sept. 23
You have got to be active if you want to succeed. For best results today get out into the world and meet as many new people as you can. Luck is most likely to come when you are on the move.

♎ Libra
Sept. 24 - Oct. 23
The rules of the game are for other people. Why? Because you are playing a different game entirely. Do as you please and come and go as you see fit. To put it bluntly: Who is going to stop you?

♏ Scorpio
Oct. 24 - Nov. 22
Do something out of the ordinary today. If others are shocked by your behaviour, that's both a bad sign and a good sign: bad in that it confirms you've become too predictable; good in that you know you must change.

♐ Sagittarius
Nov. 23 - Dec. 21
Focus on your work today and believe that you can turn your dreams into realities. Whatever career path you have been following to date you must be more adventurous over the coming few weeks. What have you got to lose?

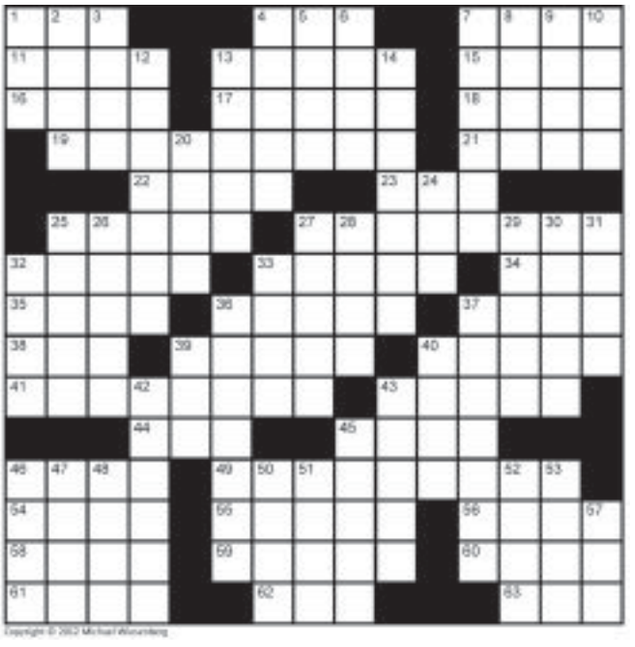
♑ Capricorn
Dec. 22 - Jan. 20
Capricorn may be traditional by nature but you know when it is right to disrupt the status quo and that's now. Chaos is not always a bad thing. Out of disruption will come a more positive way of life.

♒ Aquarius
Jan. 21 - Feb. 19
You can afford to take a few risks today. No matter how close you sail to the edge, the planets suggest you won't fall over. Even if, somehow, you do, you'll have a soft landing.

♓ Pisces
Feb. 20 - March 20
What you need to realize today is that when you go to one extreme, you encourage those who disagree with you to go to the opposite extreme. Is that what you want? If not, be moderate in what you say and do. SALLY BROMPTON

Crossword: A Team Member, a Party, a Group, and a Game

BY MICHAEL WIESENBERG



Across
1. Distribute seeds
4. Scotsman's cap
7. Cash register
11. National Park west of Banff
13. It might come at the end of a fable
15. One of the reeds
16. ___ & Span: household cleanser
17. "... say, not ___": parental words to kids about following orders (3 wds.)
18. Battle with police
19. Member of a Calgary team
21. AOL and Comcast
22. World's longest river
23. 180° from WNW
25. Climb
27. Winnipeg's "American Woman" band (2 wds.)
32. Gazillions
33. Daybreaks, poetically
34. Condo group: initialism
35. ___ grievance: complain openly (2 wds.)
36. Refrigerator maker now part of Maytag
37. Remainder
38. Flying saucer
39. Bank holdings: abbr.
40. Come into port
41. Canada's oldest federally registered party
43. Spelunking sites
44. Was ahead
45. Florence's river
46. Biting insect
49. Sport often associated with Canada (2 wds.)
54. Wyatt ___: Gunfight at the OK Corral survivor now buried in Colma, CA
55. Edgar ___ Poe
56. Ancient love god
58. Garage sale stipulation (2 wds.)
59. Victoria-born singer Furtado
60. Fathers
61. "Of ___ I Sing"
62. Obese
63. Posed

Down
1. ___ admin: computer techie, for short
2. "Uh oh"
3. Insubstantial amount
4. "We're off ___ the Wizard" (2 wds.)
5. Dry
6. Fabricated
7. Harper's group
8. Bird associated with 22-Across
9. Circle around
10. Permits
12. Anthem sung in every province (2 wds.)
13. Symbolic Canadian leaf
14. Manitoba-born singer McKennitt who performs world music with Celtic and Middle Eastern themes
20. 1,000 ___ = 1 inch
24. Rattler's warning
25. Space opera genre (2 wds.)
26. Chocolate substitute
27. Agile mountain animals
28. Banquet coffeepots
29. In what place?
30. Has, as a party
31. Promise
32. David's biblical predecessor
33. CCXV x X [how did the old Romans ever manage arithmetic?]
36. Early French Canadian
37. Took back, as permission
39. Exist
40. BMO: Fr.
42. Go by, as time
43. Political ally
45. Grind to ___: stop suddenly (2 wds.)
46. Great accomplishment
47. Cat-o'-nine-tails
48. Great Lake
50. Music sheet mark
51. Songstress Fitzgerald of jazz
52. Historic periods
53. He said, "Do, or do not. There is no try."
57. Tupolev Tu-144, for one: initialism

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	1	7				4		
			3	2				6
5					9			7
		1	9		8		7	
	6			1			2	
	7		5		2	8		
7			2					8
6				5	3			
		4				2	3	

Yesterday's Sudoku

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